# CAMBRIAN COLLEGE of Applied Arts and Technology Sault Ste. Marie 

## COURSE OUTLINE

BAKING \& DESSERT MAKING

FDS 108-2
Topic No. Periods Topic Information

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Pies \& Tarts
a) Fruit pies
b) Cream pies
c) Ciffon pies
d) Soft pies
e) Specialty pies
f) Meringues
g) Pie garnishing

Yeast Goods
a) Regular yeast dough
b) Sweet yeast dough
c) Danish pastry

Hot and Cold Desserts
a) Gelatin desserts
b) Frozen desserts
c) Dessert souffles
d) Dessert mousses
e) Bavarians and fromages
f) Fruit creams and soups
g) Dessert sauces
h) Garnishing desserts

Cakes and Gateaux
a) Sponge Cakes
b) Chiffon cakes
c) Tortes and gateaux
d) Chocolate and sugar work

Cookies
a) Icebox cookies
b) Butter cookies
c) Macaroons
d) Shortbread cookies
e) Miscellaneous cookies

CHEF TRAINING
BAKE THEORY \& DEMO
COURSE OUTLINE

Basic Baking Ingredients:
Flour
Sugars, other sweeteners
Fats
Leavening Agents
Eggs
Milk, Creams, other liquids
Flavours, extracts, colours.
Basic Pastries:
Pie pastries, short, sweet short pastry
Yeast doughs, bread, sweet dough, danish
Chou Pastry
Puff pastry
Cakes \& Mixing Methods
Fillings \& Icings, Butter creams
Fruit, Cream soft, Specialty pies
Quick breads, muffins, cookies
Meringues - Swiss, Italian
For all the above items:
-The basic ingredients used, -Method of making
-Finishing \& Decorating the items
-Storage of raw materials \& finished products
Evaluations:
Three Tests Oct. 4, 1985
Nov. 8, 1935
Nov. 13, 1985
Three tests and the Lab Demo test will be combined.
1st test value 50 marks
2nd test value 50 marks
3rd test value 100 marks-will cover the 15 weeks of work.

10 Demo tests value 50 marks

## H.R.M. I. <br> BAKE THEORY \& DEMO.

## COURSE OUTLINE. Anicth

Basic baking ingredients:
Flours
Sugars, other ingredients
Fats
Leavening agents
Eggs
Milk, creams and other liquids
Natural flavours, extracts, colours

Basic Pastries:
Pies, regular, sweet and short pastry
Yeast doughs - breads, sweet, Danish
Chou paste
Puff pastry
Cakes and mixing methods
Fillings and icings, buttercreams
Fruit, cream, soft, specialty pies
Quick breads, muffins, squares, cookies, etc.
For all above items.... the basic ingredients used, method of making finishing and decorating storage, packaging


